



# Managing Multiple Roles

Grade Level: Foundational Lesson Plan Timeframe: 1-2 days Topic: balancing family and career  
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<b>Overview &amp; Purpose</b> Students will Identify the many roles that family members maintain at one time. They will explore problems that may arise from trying to balance these roles and determine ways to manage the multiple roles of family members.	<b>FCCLA National Program(s)</b> Families First STAR Events
<u><b>Idaho Standards</b></u> EFCS 1.4, 2.0 TL 2.0, 3.3, 3.4 YL 2.0 TLC 3.0 TP 1.3 FHW 3.0 AL 3.0, 4.0 HS 4.1 L 3.2 PFF 1.0 PCD 5.1 <u><b>National FACS Standards</b></u> 1.0 2.0 3.0 6.0 11.0 12.0 13.0 16.0	<b>Programs of study</b> Parenting and Child Development Adult Living Teen Living

<b>Lesson Plan Goals &amp; Objectives</b> (Specify skills/information that will be learned.)	Students will identify the many roles that family members maintain at one time. Students will explore problems that may arise from trying to balance these roles. Students will determine ways to manage the multiple roles of family members.
<b>Materials Needed</b>	<ul style="list-style-type: none"> <li>• Paper</li> <li>• Pencil</li> <li>• Computer with internet</li> </ul>
<b>Introduction of Subject</b> Anticipatory set (Give and/or demonstrate necessary information)	Ask what it takes to have a happy family? What are some of the obstacles families face? Discuss answers Point out that family members each have different roles that they must maintain at one time and that balancing those roles is very important to maintaining a happy household.

<b>Activity 1</b> (Describe the independent activity to reinforce this lesson)	Have students use a text, their neighbors, the internet and any other resources they have to identify the roles that each member in their family has. Discuss as a class as it may spark the identification of additional roles Discuss problems that they see in their own families or that they could imagine may come up from trying to balance multiple roles. For example- a father with 2 young kids who works 50 hour a week as a director with 20 employees may have problems being home when his kids are awake and therefore does not spend enough quality time with them.
<b>Activity 2</b> (Describe the independent activity to reinforce this lesson)	Have students research ways that people balance the multiple roles they have. Have them compile a list of 5-10 things that their family could do to better balance the multiple roles they have.
<b>Activity 3</b> (Describe the independent activity to reinforce this lesson)	Optional- have students choose one item from their list to discuss and implement in their family. Have them keep a journal for 2 weeks on what steps they took and the outcomes.
<b>Assessment</b>	Class discussion Student lists
<b>Summary/Evaluation</b> (Assign Homework, or Reflect on the Outcomes)	Reaffirm the need for people to manage the multiple roles they hold. Have students write a reflection paper on ways they could better manage their own roles in their family.
<b>Other Resources</b>	(e.g. Web, books, etc.)
<b>Additional Notes</b>	
<b>Source</b> (If Applicable : cite any published or copyrighted materials used in this lesson plan)	National Spotlight Project

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